



NEWSLETTER BUILDING BLOCKS

- Partners meeting
in Spain
Quart de Poblet
(August 25–28,
2025)
- Project partners

BUILDING BLOCKS

Supporting School Communities to Develop the
Building Blocks of Well-being

LTTA meeting in Quart de Poblet (August 25-28, 2025)

At the end of August we met in Spain at the international LTTA meeting of the **Erasmus+ Building project Blocks** . Two days of intensive work, sharing and most importantly – practical experience

🎯 What was the goal?

Test the pilot version of the workshops and go through the online modules as teachers will experience them in practice .

🎨 What did we do ?

6 interactive modules focused on :

- play therapy and social thinking
- working with emotions and empathy
- role- playing and interactive learning
- monitoring progress in SEL



No theory in the drawer. We tried everything – from emotional charades to puppet shows to gratitude circles.

There were also practical activities such as:

- emotional charades
- collages of feelings
- puppet theater
- SEL treasure hunt
- circles of gratitude



The meeting was built on the active involvement of all participants, sharing of experiences and joint reflection .



🌍 International Energy

Partners from different countries shared their approaches, experience and specific tools. The result? Stronger collaboration and modules ready to the next phase of the project .

✨ What do we dare to do?

- ✓ proven methodologies
- ✓ inspiration for school practice
- ✓ new ideas
- ✓ even greater desire to advance wellbeing in schools

It wasn't just a meeting. It was an experience, collaboration, and real steps towards better wellbeing in schools .

Building Blocks is growing. And we are with it .



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Project partners

The project involves organizations and educational institutions from six European countries:

**CZECH REPUBLIC / IRELAND / GREECE /
SPAIN / TURKEY / ROMANIA**

This international team of experts is involved in the creation of innovative educational materials and methodologies that will enable teachers to better support the social and emotional development of students.

<https://www.nebudobet.cz/>

<https://quartdepoblet.es/>

<https://tevfikserdar.meb.k12.tr/tema/>

<https://trainingclub.eu/>

<https://www.1dimrafin.com/>

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