

Three large, 3D isometric cubes are positioned on the left side of the page. The top cube is pink, the middle one is blue, and the bottom one is green. They are arranged in a staggered, overlapping fashion.

NEWSLETTER BUILDING BLOCKS

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BUILDING BLOCKS

Supporting School Communities to Develop the
Building Blocks of Well-being

About the project

Building Blocks is a project focused on supporting social and emotional learning (SEL) in the school environment using the principles of play therapy.

◆ Main project objectives

- *Training teachers* in the principles and techniques of play therapy for effective integration of SEL into teaching.
- *Creation of a SEL curriculum* for students, parents and teachers with a focus on six key topics.
- *Supporting parents* with practical strategies for developing SEL in the home environment.
- *Development of a scientifically based* and age-appropriate SEL curriculum.
- *Evaluation of the impact* of the project on the development of social and emotional skills in schools.

💡 Financing:

The project is supported by the Erasmus+ programme and its outputs will be on the Erasmus+ Project Results Platform.

Partners meeting in Ireland

📅 Date: March 11-12, 2025

📍 Location: Navan, Ireland

Main points of the meeting:

- ✓ Review of learning outcomes
- ✓ Planning of CPD content (6 modules)
- ✓ Creation of a teaching plan for teachers:
 - 90-minute lesson focused on practical skills in play therapy
 - Additional 90 minutes of online education on an e-learning platform
- ✓ Agreement on the creation of infographics:
 - 12 infographic posters for schools involved in the pilot
 - Support for SEL before its school-wide implementation
- 💬 The partners' discussion focused on effective methods of integrating SEL into the school environment and sharing best practices from different countries.





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Project partners

The project involves organizations and educational institutions from six European countries:

**CZECH REPUBLIC / IRELAND / GREECE /
SPAIN / TURKEY/ ROMANIA**

This international team of experts is involved in the creation of innovative educational materials and methodologies that will enable teachers to better support the social and emotional development of students.

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<https://quartdepoblet.es/>

<https://tevfikserdar.meb.k12.tr/tema/>

<https://trainingclub.eu/>

<https://www.1dimrafin.com/>

<https://www.welearn.ie/>

