



NEWSLETTER BUILDING BLOCKS

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BUILDING BLOCKS

Supporting School Communities to Develop the
Building Blocks of Well-being

About the project

Project **Supporting School Communities in Developing Building Blocks** focuses on the growing challenges associated with the mental health and overall well-being of primary and lower secondary school students, their teachers and parents. Its main goal is to strengthen emotional intelligence and resilience in children and adults by integrating social and emotional learning (SEL) into everyday school life.

The project promotes a **whole-school approach**, which includes:

Training teachers in play therapy techniques and other methods of supporting mental health,

Developing a comprehensive SEL curriculum that helps develop key skills in emotions, empathy, and interpersonal relationships,

Actively engaging parents and local communities to create a supportive environment both in and out of school.

The goal is to create a strong foundation for children's healthy development, improve their academic performance, and encourage positive social behaviors that will persist into adulthood.

Project partners from six European countries: CZECH REPUBLIC / IRELAND / GREECE / SPAIN / TURKEY / ROMANIA

This international team of experts is involved in the creation of innovative educational materials and methodologies that will enable teachers to better support the social and emotional development of students.

<https://www.nebudobet.cz/>
<https://quartdepoblet.es/>
<https://tevfikserdar.meb.k12.tr/tema/>
<https://trainingclub.eu/>
<https://www.1dimrafin.com/>
<https://www.welearn.ie/>

💡 Financing:

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