# **PODSQUAD**

Newsletter 2 December 2022







## **About the Project:**

The PODSQUAD Project aims to provide young adult NEETs (not in employment, education, or training) with further development opportunities. This project aims to support NEETs by developing suitable and engaging education and training interventions through the medium of podcasting, so that they are confident to be re-integrated into the labour market. Through podcasting, NEETs will be able to develop an individualised career pathway that makes the most of the knowledge and skills they already possess.



#### **Our Progress:**

Currently, partners are working on developing the PODSQUAD My Mental Health Toolkit of Resources. This suite of videos and self-help activities aim to support young adult NEETs to manage their mental health and well-being. The consortium will also produce an Embedded Learning through Podcasts Curriculum. This curriculum will explore key skills areas to be developed by guiding NEETs to create their own podcasts. Over the next few months, the PODSQUAD team will produce these resources in English, Greek, Spanish and Romanian.

#### **Training Events:**

In September, the PODSQUAD Blended Mobility of Youth Training Event was held in Virginia, Ireland. The podcast-themed training covered various aspects, including audio recording, graphic design, and audio editing. Participants had the opportunity to explore alternative "low-budget" equipment that could be utilised to achieve professional-quality recordings. Throughout the week, the participants collaborated to produce ten short podcasts, showcasing their newfound knowledge and skills

### **Upcoming Meetings:**

The next PODSQUAD meeting will take place in Zaragoza, Spain in May 2023. This meeting will focus on the upcoming development and finalisation of the PODSQUAD learning materials:

- PODSQUAD In-Service Training Programme for Youth Workers
  - A training programme to provide training in audio production, digital technologies, and editing software
- My Mental Health Toolkit of Resources
  - A suite of videos and self-help resources that are specifically tailored for NEETs to support their mental health and wellbeing.
- Embedded Learning Through Podcasts Curriculum
  - Embedded learning resources that help NEETs to build their confidence and digital competencies.
- Online Space and Community of Practice
  - An online space to provide access to all of the PODSQUAD project materials

#### **Contact Us:**

If you are interested in staying up to date with the PODSQUAD project, why not visit our online channels:

- Project Facebook page: <a href="https://www.facebook.com/podsquad.">https://www.facebook.com/podsquad.</a>
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- Project Website: https://podsquad-project.eu/