

OCTOBER, 2022

SUPPORTING ELDERLY NEEDS IS OUR RESPONSIBILITY

NEWSLETTER NO. 4 EN



SENIOR MULTIPLIER EVENTS ACROSS COUNTRIES!

Dear readers, welcome in the last issue of the newsletter dedicated to the SENIOR project.

This month the project concludes its work, after all partners were busy organising and hosting multiplier events in their countries to disseminate the results of the project.

- ME 1-2 "From needs analyses to course curricula for supporting elderly in Poland and Spain.
- ME3 "Course modules for educators, facilitators and volunteers to support SENIOR learners" in Italy
- ME4 "Online training course & practical activity to support SENIORS" & ME5 "SENIOR for active ageing society" in Romania.

The main purpose of these events is sharing the project results available and ready to be freely used by adult educators and other stakeholders working in the field of adults; increasing, at the same time, the awareness of adult educators, facilitators and their organization about the e-learning tool developed to support senior learners, as well as sustainability mechanisms for an active ageing society to support senior.



OUR NUMBERS:

THE SENIOR PROJECT IN NUMBERS

- 4 TRANSNATIONAL PROJECT MEETINGS
- 5 MULTIPLIER EVENTS
- 3 PROJECT RESULTS
- 1 SHORT-TERM JOINT STAFF TRAINING EVENT
- LOCAL INTERNATIONAL EVENTS
- 1 [NEEDS ANALYSIS RESEARCH](#)
- 1 [PRACTITIONER GUIDE TO SUPPORT ELDERLY](#)
- 1 [PRACTICAL GUIDE FOR FACILITATORS](#)
- 1 [MOODLE GUIDE](#)
- 1 [MASSIVE OPEN ONLINE COURSE TO IMPROVE THE SKILLS OF THE EDUCATORS AND STAFF WORKING WITH SENIORS IN 5 LANGUAGES](#)

Watch our [video on YouTube](#)



Co-funded by the
Erasmus+ Programme
of the European Union

MOOC for educators, facilitators and volunteers

The course is structured in five modules:

- Get to know your seniors
- Understand your seniors
- Work with your seniors
- Empower seniors
- Value your seniors.

What's in for you

On completion of this course, you will get new:

Knowledge

- Ageing (challenges, sociologic & physical changes, tips)
- Pillars in the elderly lives
- Mental health issues related to ageing
- Myths and stereotypes about old people and how these can affect them
- Social work personal skills for working with the elderly
- Importance of senior citizens in our societies
- Best practices on integrating seniors actively in the society

Skills

- Determining services needed for elderly
- Communicate with the elderly
- Motivate and engage older people in activities
- Empower seniors to become active citizens for others
- Improving their quality of life through active ageing activities

Attitudes

- Simply be more empathic to elderly

#SENIOREDUCATION

Project partners



The work has been conducted during the ERASMUS+ Strategic Partnership project 2020-1-RO01-KA204-080320, "Supporting Elderly Needs is Our Responsibility", co-funded by European Commission.

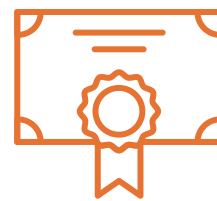
<https://trainingclub.eu/senior>

SUPPORTING ELDERLY - ONLINE COURSE IS NOW AVAILABLE

FREE ONLINE TRAINING COURSE & PRACTICAL ACTIVITY SCENARIOS FOR EDUCATORS, FACILITATORS, VOLUNTEERS AND PAID STAFF

Features

- Available on Moodle in English, Romanian, Spanish, Italian, Polish
- 5 course modules
- Multimedia content
- Practical activity scenarios
- Online evaluation
- Certificates of completion



Check the [Supporting Elderly online course](#) on our Moodle platform.



"YOU ARE NEVER TOO OLD TO LEARN NEW THINGS."

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