

AUGUST, 2022

SUPPORTING ELDERLY NEEDS IS OUR RESPONSIBILITY

NEWSLETTER NO. 3



INCREASE THE LEVEL OF COMMITMENT OF SENIORS TO PARTICIPATE IN EDUCATIONAL ACTIVITIES AND EXCHANGES OF EXPERIENCES THROUGH WORKSHOPS!

Active ageing means helping people to stay in charge of their own lives for as long as possible. Because keeping minds active is equally as important as keeping bodies physically active, we invite you to join our course Supporting Elderly Needs is Our Responsibility.

Thanks to the skills acquired and the exchange carried out during the 3-day training course held in Italy from 23 to 27 May 2022, the staff of the participating organizations were able to involve 30 seniors locally in each partner country. The case scenario workshops as presented in the Practitioner's Guide were tested on the field directly with the seniors. Our trainers collected feedback and suggestions for improvement. Meanwhile, the educators, facilitators and volunteers working with the seniors tried their hand at completing the Supporting Elderly online course.

The course is designed to develop your abilities to work with seniors, discuss with peers, learn how seniors can contribute to the community and society, and gain the course completion certificate in recognition of the newly improved skills.



MOOC FOR EDUCATORS, FACILITATORS AND VOLUNTEERS

**THE MASSIVE OPEN ONLINE COURSE
IS AVAILABLE TO IMPROVE THE
SKILLS OF THE EDUCATORS AND
STAFF WORKING WITH SENIORS.**

The course contains 5 modules, which intend to provide the needed knowledge and foster the development of skills and attitudes of the staff working with the elderly.

Click below to download for free:

- [Practitioner's Guide](#)
- [Moodle Practical Guide for learners and trainers](#)
- [Practical Guide for Facilitators](#)



Co-funded by the
Erasmus+ Programme
of the European Union

The course is structured in five modules:

- Get to know your seniors
- Understand your seniors
- Work with your seniors
- Empower seniors
- Value your seniors.

What's in for you

On completion of this course, you will get new:

Knowledge

- Ageing (challenges, sociologic & physical changes, tips)
- Pillars in the elderly lives
- Mental health issues related to ageing
- Myths and stereotypes about old people and how these can affect them
- Social work personal skills for working with the elderly
- Importance of senior citizens in our societies
- Best practices on integrating seniors actively in the society

Skills

- Determining services needed for elderly
- Communicate with the elderly
- Motivate and engage older people in activities
- Empower seniors to become active citizens for others
- Improving their quality of life through active ageing activities

Attitudes

- Simply be more empathic to elderly

#SENIOREDUCATION

Project partners



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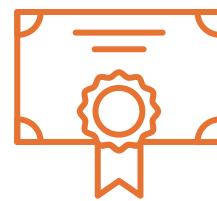
<https://trainingclub.eu/senior>

SUPPORTING ELDERLY - ONLINE COURSE IS NOW AVAILABLE

FREE ONLINE TRAINING COURSE & PRACTICAL ACTIVITY SCENARIOS FOR EDUCATORS, FACILITATORS, VOLUNTEERS AND PAID STAFF

Features

- Available on Moodle in English, Romanian, Spanish, Italian, Polish
- 5 course modules
- Multimedia content
- Practical activity scenarios
- Online evaluation
- Certificates of completion



Check the [Supporting Elderly online course](#) on our Moodle platform.



"YOU ARE NEVER TOO OLD TO LEARN NEW THINGS."

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