

# DIGITAL COURSES FOR THE YOUNG GENERATION

ERASMUS+ TEAMWORK MAKES THE DREAM WORK

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## Online courses for the digital world

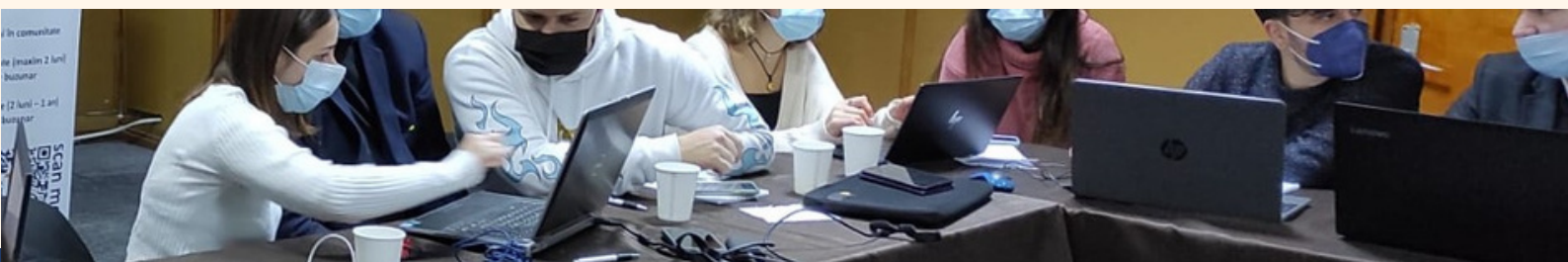
### Digital citizenship skills for the future

Digital citizenship skills are undoubtedly some of the most valuable skills for a mentally healthy society. We propose 10 totally innovative online courses which are intended to develop your skills and abilities to use the online environment in a friendly, ethical and responsible way while remaining safe and promoting positive online behaviours.

You can join anytime, read at your own pace, test yourself and get an online certificate. <https://courses.trainingclub.eu/>

Videos will introduce you to the world of digital skills and will help you to activate your prior learning, enabling you to build upon old and acquire new knowledge. Through the use of case studies and forum activities, you will analyze issues of real life and you will exchange impressions and thoughts with your peers. These are great opportunities to get to know new persons with similar interests and why not to make new friends, know new cultures and explore diversity. Moreover, the quizzes available throughout the course will give you the possibility to self-evaluate your knowledge and identify areas where you perform or need improvements. For those more curious, we recommend supplementary readings which challenge your mind to self-reflect upon various real-life issues or solve problems.

The Erasmus+ National Agency from Romania trusted our team formed by TEAM4Excellence (Romania), Sustainable Education and Active Learning (Cyprus), Arbeitskreis Ostviertel e.V. (Germany) and Athens Lifelong Learning Institut (Greece) to set up an online educational context which leads to elevating the civic competencies of young people while protecting their online safety.



## 10 online courses to develop your digital citizenship skills

### Access and Inclusion Course



The course deals with the competencies necessary for overcoming different forms of the digital divide and opening digital spaces to minorities and different opinions.

Join the course to learn how to guide oneself into more open attitudes and inclusive behaviours to embrace diversity!

### Learning and Creativity Course



“Creativity” is one of the most important characteristics of being human. “Learning” is a lifelong process. This course brings them together in an innovative way to increase your self-confidence and broaden your own perspectives.

Join the course to learn new thinking processes applicable in everyday work!



[HTTPS://COURSES.TRAININGCLUB.EU/](https://courses.trainingclub.eu/)

### Media and Information Literacy Course



Enables us to interpret and make informed judgments as users of information and media, as well as to become skilful creators and producers of information and media messages.

Join the course and become a smart consumer and creator of media!

### Ethics and Empathy Course



Ethics and Empathy are behaviours that maintain “peace”. In this course, you will explore and experience empathy in its individual, interpersonal, and civic modes.

Join the course and develop your capacity to understand and feel other people’s experiences, feelings and points of view!

### Health and Wellbeing Course



The physical health and psychological wellbeing of one’s self living and interacting in an ever-increasing digital world are areas that need to be addressed in the interest of developing well-balanced future citizens.

Join the course to realize the key digital wellness issues which arise from overusing technology and why they occur!

### e-Presence and Communications Course



This course deals with competencies related to online communication and interaction with others through virtual social spaces.

Join the course and learn how to communicate and address issues related to one’s virtual profile and presence!

### Active Participation Course



Active participation is a symbol of independence and democracy. Being involved in such activities enable people to take their own decisions about their lives and to be heard.

Join the course and show that you are not passive and you do care about the society you live in!

### Rights and Responsibilities Course



Rights and responsibilities cannot be dissociated from each other. Living as members of society inevitably entails duties and responsibilities as well as rights.

Join the course and become a respectful, ethical and active digital citizen, maintaining the integrity of the online community!

### Privacy and Security Course



Privacy and security are old terms, but their importance only grew in recent years. This course offers a modern interpretation of privacy as a human right in a digitalized era.

Join the course and learn to face online threats in a digital environment!

### Consumer Awareness Course



The Internet, with all its dimensions like social media or other virtual social spaces, includes environments where often the fact of being digital citizens means also being a consumer.

Join the course and become a smart consumer!

### Next in DIGCIT

#### Quizzes to assess your learning style

Learning style refers to how you learn, process and retain information. You may be more visual, auditory, prefer reading/writing, or you may be kinesthetic. With our quizzes, you will be able to determine your style and consequently choose to learn by doing tests, watching videos, reading presentations, analyzing case studies or solving practical exercises.

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