

NOVEMBER, 2021

SUPPORTING ELDERLY NEEDS IS OUR RESPONSIBILITY

NEWSLETTER NO. 2



WE ARE WORKING TO INCREASE THE LEVEL OF COMMITMENT OF SENIORS TO PARTICIPATE IN EDUCATIONAL ACTIVITIES AND EXCHANGES OF EXPERIENCES.

Active ageing means helping people stay in charge of their own lives for as long as possible. Because keeping minds active is equally as important as keeping bodies physically active, there is an urgent need for an educational, cultural and social context.

According to the Active Ageing Index Analytical Report (UNECE, Integration and participation of older persons in society, 2009) the involvement of older persons (age 55-74) in education varies among the 28 EU countries from 0.2% to 19.3%. A consortium formed by five non-governmental organisations conducted primary research national country analyses and interviews to understand the causes of the reduced level of commitment of seniors to participate in activities for education, inclusion and exchanges of experiences.



"ANYONE WHO STOPS LEARNING IS OLD, WHETHER AT TWENTY OR EIGHTY. ANYONE WHO KEEPS LEARNING STAYS YOUNG. THE GREATEST THING IN LIFE IS TO KEEP YOUR MIND YOUNG."

COURSE MODULES FOR EDUCATORS, FACILITATORS AND VOLUNTEERS

BASED ON THE DATA COLLECTED, PROJECT PARTNERS DESIGNED AN INNOVATIVE COURSE FRAMEWORK AND CONTENT TO IMPROVE THE SKILLS OF THE EDUCATORS AND STAFF WORKING WITH SENIORS.

The course contains 5 modules, which intend to provide the needed knowledge and foster the development of skills and attitudes of the staff working with the elderly.

Download your free Practitioner's Guide here:

<https://trainingclub.eu/senior/>



The course is structured in five modules:

- Get to know your seniors
- Understand your seniors
- Work with your seniors
- Empower seniors
- Value your seniors.

What's in for you

On completion of this course, you will get new:

Knowledge

- Ageing (challenges, sociologic & physical changes, tips)
- Pillars in the elderly lives
- Mental health issues related to ageing
- Myths and stereotypes about old people and how these can affect them
- Social work personal skills for working with the elderly
- Importance of senior citizens in our societies
- Best practices on integrating seniors actively in the society

Skills

- Determining services needed for elderly
- Communicate with the elderly
- Motivate and engage older people in activities
- Empower seniors to become active citizens for others
- Improving their quality of life through active ageing activities

Attitudes

- Simply be more empathic to elderly



Co-funded by the
Erasmus+ Programme
of the European Union

#SENIOREDUCATION

Project partners



A BRAND NEW ONLINE COURSE IS COMING SOON

FREE ONLINE TRAINING COURSE & PRACTICAL ACTIVITY SCENARIOS FOR EDUCATORS, FACILITATORS, VOLUNTEERS AND PAID STAFF

Features

- available on Moodle in English, Spanish, Italian, Polish
- 5 course modules
- Multimedia content
- Practical activity scenarios
- Online evaluation
- Certificates of completion



The online course will be available soon on our Moodle platform.

The work has been conducted during the ERASMUS+ Strategic Partnership project 2020-1-RO01-KA204-080320, "Supporting Elderly Needs is Our Responsibility", co-funded by European Commission.

<https://trainingclub.eu/senior>



"YOU ARE NEVER TOO OLD TO LEARN NEW THINGS."

THE EUROPEAN COMMISSION SUPPORT FOR THE PRODUCTION OF THIS PUBLICATION DOES NOT CONSTITUTE AN ENDORSEMENT OF THE CONTENT WHICH REFLECTS ONLY THE VIEWS OF THE AUTHORS, AND THE COMMISSION CANNOT BE HELD RESPONSIBLE FOR ANY USE WHICH MAY BE MADE OF THE INFORMATION CONTAINED HEREIN.