SUPPORTING ELDERLY NEEDS IS OUR RESPONSIBILITY

NEWSLETTER NR. 1



WE ARE WORKING TO INCREASE THE LEVEL OF COMMITMENT OF SENIORS TO PARTICIPATE IN EDUCATIONAL ACTIVITIES AND EXCHANGES OF EXPERIENCES.

Europe is getting old" (Demographic Aging Report, 2018). In 1950, only 12% of the European population was over 65 years old. In 2050 in expected more than 36%. Unfortunately, the Coronavirus pandemic affected these statistics. It is urgent to take elderly out of the picture where seniors' rights as fragile categories were significantly limited. We can do that by creating an enabling environment for them to learn and express.

The challenge to overcome is the reduced level of commitment of seniors to participate in activities of education and exchanges of experiences. That is where "Supporting Elderly Needs Is Our Responsibility" comes into play. We develop and activate an environment for an active aging society, enhancing the ability of educators and organizations to support and valorize seniors in remaining active and facilitating their access to informal learning opportunities.

"SUPPORTING ELDERLY NEEDS IS OUR RESPONSIBILITY"

ESSENTIAL NEEDS OF EDUCATORS TO SUPPORT SENIORS

EACH PARTNER CONDUCTS INTERVIEWS WITH EDUCATORS/FACILITATORS/ VOLUNTEERS

From November until March, the partnership has been working on the first of the main project results, the study on <u>Essential needs of educators to support seniors</u>, under the guidance of the INBIE (PL) research institute. The study is a comprehensive needs analyses report comprising several aspects of adult education from the needs of educators that work with seniors to the methods of keeping the seniors engaged in activities.

As a first step, partners conducted desk researches on other EU projects, books and academic articles, EU policies, adult organizations websites to see what other courses and activity scenarios for active seniors are already on the market. This helped us to develop the Research Methodology for interviews, which summarizes the research methods applied for identification of needs of educators; categories of respondents; approaches of the interviews and limitations of the study.

Subsequently, it was conducted a needs analyses to have a clearer point of the situation on the challenges that working with seniors implies and what Educators teaching seniors need to consider (e.g. functional restrictions, lack of selfesteem, age discrimination).





Project partners











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https://trainingclub.eu/senior

A NEW COURSE IS COMING

COURSE MODULES FOR EDUCATORS, FACILITATORS AND VOLUNTEERS ARRIVING

Based on the needs analyses, we are preparing the following Course module topics for educators, facilitators and volunteers:

- 1. Know Your Senior
- 2. Understand your senior
- 3. Work with your senior
- 4. Empower seniors to become active citizens
- 5. Value your senior



"YOU ARE NEVER TOO OLD TO LEARN NEW THINGS."

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